





The Year of Promise



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#### Happy New Year!

Welcome to 2018! Last year I declared that 2017 was the year of victory. As we have crossed over the finish line into The Year of Promise, it is imperative that we set aside the first of our year to position ourselves to possess the blessings that GOD has for us.

One of the ways we do this is to seek first the Kingdom of GOD by studying His Word, standing on His promises, praying and fasting. When we put GOD first and give Him our best at the beginning of the year, it places us in a position for Him to honor our sacrifice and bless our entire year!

This Year of Promise is the year where you will see oversized blessings! GOD's promises have POWER behind them. There is nothing on this earth or in the universe whether invisible or visible that can circumvent what He has promised.

For all the promises of GOD in Him are Yes, and Amen, to the glory of GOD through us. Now, He who establishes us with you in Christ and has anointed us is GOD. He also has sealed us and given us the Spirit in our hearts as a guarantee. (2 Corinthians 1:20-22)

If you believe, trust in, lean and rely on and what GOD tells you in His Word and stand firmly planted on His promises you will see radical changes in your life. Throughout this year stay in a position of expectation! Remember, no matter what it looks like, walk by faith.! No matter how you feel, walk by faith! No matter what it seems like, walk by faith! This is key to you coming into all GOD has for you this year! To assist you I have enclosed strategic instructions that will place you in a posture to possess the promises of GOD!

Be Blessed,

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#### The fast will begin on Monday, January 8, 2018

Fasting in January is like praying in the morning when you wake up. It establishes GOD's will for your life for the entire day. When you put your body under submission to fast you become more sensitive to the things of GOD. When you eliminate food from your diet for a number of days, your spirit becomes uncluttered by the things of this world. When you fast it brings you into a more intimate and powerful relationship with the LORD.

# Why Do We Fast?

# To Receive Deliverance & Healing (Isaiah 58:6-9)

• Is not this the kind of fasting I have chosen: to loose the chains of injustice and untie the cords of the yoke, to set the oppressed free and break every yoke? <sup>7</sup>Is it not to share your food with the hungry and to provide the poor wanderer with shelter— when you see the naked, to clothe them, and not to turn away from your own flesh and blood? <sup>8</sup>Then your light will break forth like the dawn, and your healing will quickly appear; then your righteousness will go before you, and the glory of the Lord will be your rear guard. <sup>9</sup>Then you will call, and the Lord will answer; you will cry for help, and he will say: Here am I.

# It Gives Us Power: (Mark 9:26-29)

<sup>26</sup>The spirit shrieked, convulsed him violently and came out. The boy looked so much like a corpse that many said, "He's dead." <sup>27</sup>But Jesus took him by the hand and lifted him to his feet, and he stood up. <sup>28</sup>After Jesus had gone indoors, his disciples asked him privately, "Why couldn't we drive it out?"



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<sup>29</sup>He replied, "This kind can come out only by prayer and fasting.

# Our Attitude Towards Fasting (Mathew 6:16-18)

 <sup>16</sup>When you fast, do not look somber as the hypocrites do, for they disfigure their faces to show others they are fasting. Truly I tell you, they have received their reward in full.<sup>17</sup>But when you fast, put oil on your head and wash your face, <sup>18</sup>so that it will not be obvious to others that you are fasting, but only to your Father, who is unseen; and your Father, who sees what is done in secret, will reward you.

#### The Fast Is For the Body, Soul and Spirit

The Bible teaches us that we are a spirit, we have a soul and we live in a body. As we enter into a period of time for focused prayer and fasting it will affect all three parts; your body, soul and spirit.

- **The Body** As you change your diet you may experience headaches, leg cramps, and/or fatigue. These symptoms are a result of detoxing from caffeine, chemicals and sugar. They usually subside after the third day.
- **The Soul** Frequently referred to as "the flesh" in the Bible, the soul is also greatly impacted during Fasting. The soul is the seat of our emotions, intellect, personality and will. It is in the "soulish realm" where we experience cravings, frustration, anger and happiness.



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When you Fast, your soul may very well rebel against the dramatic change in your diet. Experiencing and winning this battle over the flesh is often one of the most powerful lessons when Fasting!

• **The Spirit** - Our spirit is that born-again part of us that surrenders to GOD. Our spirit is filled with the Holy Spirit when we yield to Him. During this Fast, we want to put our spirit in charge and in control of our body and soul.

#### **Fast Friendly Reminders**

- Remember, a fast without prayer and meditation is just simply a diet. Fasting is always coupled with a spiritual goal. So during this time of fasting, focus on prayer, study and meditate on the Word of GOD.
- Bishop Clarence & Pastor Robyn Langston along with Word In Action Christian Center International advise all who participates in this consecration/fast to consider your personal health needs and consult with your physician prior to beginning this fast.
- Remember that during this time we are dedicating the first of the month to honor GOD with prayer, supplication, thanksgiving and our first fruits.



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#### <u>What is First Fruits and Why Is It Important?</u> Seek ye first the kingdom of GOD...... (Mathew 6:33)

• It is a Scriptural fact that GOD claims the right to every first- the first of the crops, every firstborn male herds, flocks and male child. Exodus 13:11-13 says:

"After the Lord brings you into the land of the Canaanites and gives it to you, as he promised on oath to you and your ancestors, you are to give over to the Lord the first offspring of every womb. All the firstborn males of your livestock belong to the Lord. <sup>13</sup> Redeem with a lamb every firstborn donkey, but if you do not redeem it, break its neck. Redeem every firstborn among your sons."

- Dedicating the first of the year to seek GOD's face and to bring Him the first of your increase, whether it be the first month or the first week's pay, is a kingdom principle that is done according to your faith. This kingdom principle establishes the law of firsts in your life because it activates the promise of what is to come. It positions you to receive the promises of GOD.
- The first fruits offerings signal the beginning of the harvest for GOD's people and it governs and set the pattern of what is to come. First fruits offerings are not only an offering, but also a *Promise of Abundance*. GOD gave us His first fruit when He gave us His only begotten S on that whosoever believes in Him shall not perish but shall have everlasting life. (John 3:16) In Him giving us His first fruit it is a *Promise of Abundance*.



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• As we follow the directives of the fast, seek GOD first by dedicating the first of the month to push back our plates, meet daily for prayer, feed on His Word and bring Him the first of our increase we too set the pattern to receive the *Promise of Abundance*.

# **GUIDELINES:**

- Corporate Prayer will be held at the church from 7:00 pm - 8:00 pm. Additional details are forthcoming.
- 2. It will be difficult for you to consecrate if you feed yourself on television and movies. During the fast please refrain from television, secular radio shows and entertainment. Feed yourself spiritually by listening **only** to worship and teaching CD's.
- **3.** No casual conversation at work or on the telephone. Only work related conversations will be permitted.
- **4.** No social media i.e. Facebook, Twitter, Instagram, YouTube, or Snap Chat.
- 5. During this time FOCUS on studying the Word and related Christian books and materials. Pray 3 times a day on the daily prayer target; suggested times are 9:00 am, noon & 3:00pm. If you are unable to pray at these times, replace it with a prayer time that is feasible for your schedule.
- 6. Married people are to abstain from sexual relations only after receiving the consent of their partner (*Be sure to seek the consent of your spouse if your spouse is not a Word In Action Disciple and is not participating in the consecration*).

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# **EATING GUIDELINES:**

For the **duration of the fast we will be following the Daniel Fast Diet.** You will be allowed to eat unlimited fruits and vegetables throughout the day. However, please limit your beverages to water, non-caffeinated teas, V8, and 100% grape, apple, or orange juice. Throughout the fast please do **NOT** consume any meat, sugar, sweeteners, diet pop, sweets or caffeine.

**Again**, as you plan your meals and eat your food, keep in mind that the definition of a fast is to deny food for a spiritual purpose and not as a means to lose weight.



## **PLEASE NOTE:**

**Fasting and your health:** If you have concerns about your physical ability to fast, please consult a physician before beginning this fast. There are different types of fasts. Your doctor can provide advice on how you can participate on the fast in a way that is healthy for you.

**Children and fasting:** This fast is not intended for children under the age of 14. Teenagers between the ages of 14-18 may participate if <u>they and their parents</u> feel led to do so. If you decide not to have your children/teenager participate on the fast, some ideas for sacrifice would be to eliminate video games or cell phone usage during the fast.



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This is a corporate fast. Therefore, to ensure that we are on one accord a guide has been provided. The guide includes daily activities, prayer targets, key scriptures, definitions and declarations. Please read the daily declarations out loud. As a suggestion it may also be beneficial for you to keep a daily prayer journal as well. Below and in the accompanying pages is an overview of the daily schedule for each week of the fast.

#### WEEK 1

Day	Prayer Focus
Monday Day 1	REPENTANCE
Tuesday Day 2	<ul> <li>FORGIVENESS (GOD)</li> <li>FORGIVENESS (SELF)</li> <li>FORGIVENESS (OTHERS)</li> </ul>
Wednesday Day 3	<ul> <li>LOVE for GOD</li> <li>LOVE for SELF</li> <li>LOVE for OTHERS</li> </ul>
Thursday Day 4	COMPASSION for LOST SOULS
Friday Day 5	• HUNGRY for THE WORD
Saturday Day 6: SELF REFLECT & RECAPTURE DAYS 1-5	

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#### WEEK 2

Day	Prayer Focus
Sunday Day 7	PROMISES of GOD
Monday Day 8	• GOD's PROMISES through OBEDIENCE
Tuesday Day 9	• GOD's PROMISE of WISDOM & GUIDANCE
Wednesday Day 10	• GOD's PROMISE for MY LIFE
Thursday Day 11	• GOD's PROMISE for MY HEALTH
Friday Day 12	GOD's PROMISE About MY FINANCES
Saturday Day 13: SELF REFLECT & RECAPTURE DAYS 7-12	

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## WEEK 3

Day	Prayer Focus
Sunday Day 14	GOD's PROMISE for RESTORATION
Monday Day 15	GOD's PROMISE to OVERCOME TEMPTATION
Tuesday Day 16	GOD's PROMISE for BREAKTHROUGH
Wednesday Day 17	• GOD's PROMISE for DELIVERANCE and PROTECTION
Thursday Day 18	GOD's PROMISE in BREAKING STRONGHOLDS and HABITS
Friday Day 19	• GOD's PROMISE for VICTORY

#### Saturday Day 20: SELF REFLECT & RECAPTURE DAYS 14-19

# SUNDAY DAY 21 GOD's PROMISE in PRAISE & THANKSGIVING



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## 2018 YEAR OF PROMISE PRAYER TARGET POINTS

When you pray let's agree and thank GOD for the Promise that these things are going to happen in 2018!

- 1. For the First Family's continued manifestation of divine protection, health, vision, strength, grace, wisdom, prosperity and resources both spiritually and naturally in their endeavor to advance the Kingdom of GOD as well as in their business and personal lives.
- 2. That families will be healed, whole and healthy.
- 3. For the unity, growth, and the advancement of Word In Action Christian Center International by impacting Miracle City and the nation with the Word of GOD and the Love of Christ.
- 4. That souls will be saved, delivered and set free from limitations, spiritual and mental bondages by the power of GOD through Word In Action Christian Center International.
- 5. For the deepening of our faith, clarity of thought, vision, increase and provision for our individual lives, our families and our business endeavors.



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# **2018 YEAR OF PROMISE DECLARATIONS**

DECLARE these declarations as you walk through this Year of Promise!

- 1. I Declare that I will walk in the Promises of GOD!
- 2. I Declare that through the Promise of the Lord, I will reach all my goals this year!
- **3.** I Declare that by the POWER of the Holy Ghost the Promises of GOD are mine! I will **not** miss my breakthrough, deliverance, or resources.
- 4. I Declare that I will receive everything that GOD has for me this year!
- **5.** I Declare that I am more than a conqueror through Christ Jesus who strengthens me!
- **6**. I Declare that all hindrances, blocks and oppositions that have prevented me from walking in GOD's Promises are removed.
- 7. I acknowledge that I am a joint heir with Jesus Christ and that I obtain GOD's Promises which are written in the Bible because they are my birthright!



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# **DAY 1: Repentance**

**Repentance**- a change of mind; turning from one way of thinking and behavior to GOD's way. Today we are repenting for the actions in our lives that hinder our walk with GOD

As I **Repent** I overcome everything that has seemed to hinder me from walking in the Promises of GOD. I repent for sins that I have committed knowingly and unknowingly. As I repent with a true heart of repentance, I AM free from condemnation. I receive the knowledge and freedom that true repentance brings. Lord thank you for Giving Me a Heart of Repentance.

# Key Scripture: 2 Peter 3:9 and Acts 3:19

- The Lord is not slack concerning His promise, as some count slackness, but is longsuffering toward us, not willing that any should perish but that all should come to repentance. (2 Peter 3:9)
- Repent therefore and be converted, that your sins may be blotted out, so that times of refreshing may come from the presence of the Lord. (Acts 3:19)

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# **Suggested Scripture Reading:**

1 John 1:8-9, Proverbs 28:13, Isaiah 43:25, Isaiah 55:7, 2 Chronicles 7:14

# Action:

Today look at your life and repent. Go before the Lord, asking Him to help you overcome any areas of your life that are not pleasing to Him.

Dear GOD, I am repenting for the times where I have lacked in spending time with you; for not reading your word, for not communicating with you in prayer or fasting. I am repenting for putting things and people before you.

Pray and ask GOD to reveal things that He's not pleased with. Ask Him for a plan to overcome. Write down anything that He reveals to you regarding change:



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# DAY 2: Forgiveness Towards GOD, Self and Others

**Forgiveness:** to grant pardon for or remission of an offense, debt, etc.

Today is a heart and self-check day! We are asking GOD for forgiveness for the actions in our lives that have displeased Him as well as for the things that we have done to others.

In order to obtain the Promises of GOD we must always have an attitude of FORGIVENESS. Satan is the accuser of the brethren. He stands before GOD telling Him our sins, our faults, and our shortcomings. He also puts you on a guilt trip for things that you may have done. It is imperative that we do not condemn ourselves, but that we forgive ourselves for our shortcomings because GOD HAS ALREADY FORGIVEN US; He doesn't hold our sins against us when we have truly repented.

Father, I understand that if I am to receive your Promises I must forgive. Today I acknowledge that I have not always done what is right. Lord, I thank you for **FORGIVING ME FOR THINGS IVE DONE TOWARDS YOU** and Others. As I have asked You for forgiveness. I know that I am forgiven and because You have forgiven me, I forgive myself and others. I Am forgiven! I will not go back to an old way of thinking! I will not look back and pick up old habits! I am moving forward with all that You have for me!

## Key Scripture: Psalms 32:5 and Matthew 6:14-15

• I acknowledged my sin to You, And my iniquity I have not hidden. I said, "I will confess my



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- transgressions to the LORD," And You forgave the iniquity of my sin. Selah (Psalms 32:5)
- For if ye forgive men their trespasses, your Heavenly Father will also forgive you: But if ye forgive not men their trespasses, neither will your Father forgive your trespasses. (Mathew 6:14-15)

# **Suggested Scripture Reading:**

• Psalms 51 (whole chapter), Isaiah 1:18, John 8:1-11, Colossians 3:13

# Action:

No matter how badly someone may have hurt you, you must ask GOD to help you forgive them. Declare that Today, as You, Father GOD have forgiven me, I FORGIVE myself and others.

Write down things that you are asking and receiving GOD's forgiveness:

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# DAY 3: Love for GOD, Self and Others

**Love**- unselfish loyal and benevolent concern for the good of another: **2**: A deep, tender, indescribable feeling of affection and solicitude toward a person, such as that arising from kinship, recognition of attractive qualities, or a sense of underlying oneness.: a person's adoration of GOD

Lord Give Me More LOVE FOR YOU, MYSELF AND OTHERS! Fill me with so much of your agape love that I exude your love to every person I come in contact with. When I love you more I can love and see everything and everyone through your Love!

## Key Scripture: Mark 12:30-31 and 1 John 4:20

- Love the Lord your GOD with all your heart and with all your soul and with all your mind and with all your strength. The second is this: Love your neighbor as yourself. There is no commandment greater than these. (Mark 12:30-31)
- If anyone says, "I love GOD," and hates his brother, he is a liar; for he who does not love his brother whom he has seen cannot love GOD whom he has not seen. (1 John 4:20)

# **Suggested Scripture Reading:**

• Deuteronomy 6:4-5, Deut.10:12, Psalm 8:4-9, Jeremiah 29:11, John 13:34-35, I John 3:16

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Fill your environment from the time you wake up until the time you go to sleep with your love for GOD through praise and worship. This can be done by listening to your favorite worship cd's at home, work and during your commute.

#### Action:

Meditate on PS.139:14-18 on how much the Lord loves you and how special you are to Him. Then tell the Lord that you Love Him. As in Song of Solomon, *write the Lord a love letter from your heart*.

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# **DAY 4: Compassion for Lost Souls**

Hunger- a strong or compelling desire or craving

Thirsty- an eagerness, longing or need to quench

**Evangelism-** the practice of sharing the love and giving information about Jesus Christ to others

Souls are the heartbeat of GOD. His concern for the souls of men is SO important. He sent His only Son to die so that ALL could have an opportunity to receive His salvation and to be saved from the reality of living throughout eternity without Him. GOD has sent you and I to witness His Love to Lost souls so that they can be saved and come into a fulfilling relationship with Him. Today we are focusing on defeating the enemy's camp by winning souls for the Kingdom of GOD by any means necessary.

Lord give me a heart for winning <u>SOULS</u> so that the Promises I receive as result of me being saved others can receive also!

# Key Scripture: Matthew 9:37-38

•...Then he said to his disciples, "The harvest is plentiful but the workers are few. <sup>38</sup>Ask the Lord of the harvest, therefore, to send out workers into his harvest field." (Mathew 9:37-38)

# **Suggested Scripture Reading:**

• John 21:16, Proverbs 11:30, John 12:32, Mathew 28:19, Ezekiel 37:1-14

Action: Witness and invite 5 or more people to church.





DAY: 5 Hungry for the WORD

Jesus said in Matthew 4:4, "It is written, Man shall not live by bread alone, but by every word that proceeds out of the mouth of GOD". We must feed on GOD's word daily so we can grow and develop into mature Christians. As natural food provides and supplies nutrients for us to grow physically, so ideally an intake of GOD's Word causes us to grow spiritually.

# Key Scripture: I Peter 2:2 and John 1:1-3

- As newborn babes, desire the sincere milk of the word, that ye may grow thereby:(1 Peter 2:2)
- In the beginning was the Word, and the Word was with GOD, and the Word was GOD. He was in the beginning with GOD. All things were made through Him, and without Him nothing was made that was made. (John 1:1-3)

# Suggested Scripture Reading:

• Psalms 119:9-16, Psalms 119:89, Psalms 119:105, Joshua 1:7-8

# Action:

Make a daily commitment and set aside a time that you will feed on GOD's Word. Commit to this time daily even after the fast is over.

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Word In Action

WIACC 2018 CORPORATE FAST

# DAY 6: SELF Reflect and Recapture Days 1-5

Today review Days 1-5 which focused on the following:

- Repentance
- Forgiveness
- Love
- Compassion for Lost Souls
- Hunger and Thirst for the Word of GOD

Read the scriptures that were listed for each day as well as journal or recapture the daily activities for days 1-5.

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# DAY 7: STANDING on GOD's PROMISES

**Promise-** a declaration that something will or will not be done or given; an express assurance on which expectation is to be based

**Covenant-** the conditional promises made to humanity by GOD, as revealed in Scripture

GOD is faithful. He has given general promises to Us as believers. As long as we stand in faith on the Word of GOD and His Promises we will never be disappointed. We can rely on and rest in His Promises. The Promises of GOD are found in the Bible. The first promise as a believer is salvation and eternal life. Even though people in our lives have let us down we can cling to GOD's Promises.

### Key Scriptures Hebrews 11:1-3 and 11:6

- Now faith is the substance of things hoped for, the evidence of things not seen. For by it the elders obtained a good testimony. By faith we understand that the worlds were framed by the word of GOD, so that the things which are seen were not made of things which are visible.
- But without faith it is impossible to please Him, for he who comes to GOD must believe that He is, and that He is a rewarder of those who diligently seek Him. (Hebrews 11:6)

### **Suggested Scripture Reading:**

• 2 Peter 1:4, 2 Corinthians 1:20-22, 1 John 2:25, Numbers 23:19

Action: Pray to GOD that He would restore childlike trust in your heart in an increasing measure so that you can receive all that GOD has purposed for you.





# DAY 8: GOD's PROMISE through Obedience

**Obedience-** the act or practice of obeying; dutiful or submissive compliance: to comply with or follow the commands, restrictions, wishes, or instructions of one in authority

Lord, I acknowledge that as I stand on Your **Promises** I must be **obedient** to Your Word. I thank You Lord that during this fast I am learning in a new way how to keep my heart and mind open to Your will and way for my life. I thank You Lord that I am willing and quick to obey. One of Your **Promises** in Your Word says that I if I am willing and **obedient** that I would eat the good of the land. Thank you Father for Your **Promise through Obedience**!

### Key Scriptures: Deuteronomy 28:1-14

Now it shall come to pass, if you diligently obey the voice of the Lord your GOD, to observe carefully all His commandments which I command you today, that the Lord your GOD will set you high above all nations of the earth. And all these blessings shall come upon you and overtake you, because you obey the voice of the Lord your GOD: "Blessed shall you be in the city, and blessed shall you be in the country. "Blessed shall be the fruit of your body, the produce of your ground and the increase of your herds, the increase of your cattle and the offspring of your flocks. "Blessed shall be your basket and your kneading bowl. "Blessed shall you be when you come in, and blessed shall you be when you go out. "The Lord will cause your enemies who rise against you to be defeated before your face; they shall come

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out against you one way and flee before you seven ways. "The Lord will command the blessing on you in your storehouses and in all to which you set your hand, and He will bless you in the land which the Lord your GOD is giving you. "The Lord will establish you as a holy people to Himself, just as He has sworn to you, if you keep the commandments of the Lord your GOD and walk in His ways. Then all peoples of the earth shall see that you are called by the name of the Lord, and they shall be afraid of you. And the Lord will grant you plenty of goods, in the fruit of your body, in the increase of your livestock, and in the produce of your ground, in the land of which the Lord swore to your fathers to give you. The Lord will open to you His good treasure, the heavens, to give the rain to your land in its season, and to bless all the work of your hand. You shall lend to many nations, but you shall not borrow. And the Lord will make you the head and not the tail; you shall be above only, and not be beneath, if you heed the commandments of the Lord your GOD, which I command you today, and are careful to observe them. So you shall not turn aside from any of the words which I command you this day, to the right or the left, to go after other GODs to serve them. (Deuteronomy 28:1-14)

#### **Suggested Scripture Reading:**

• Proverbs 6:20, James 1:22, Exodus 19:5

Action: Take inventory of the past year of areas where you have not been obedient. Pray for a heart and spirit of obedience.





DAY 9: GOD's PROMISE of Wisdom and Guidance

**Wisdom-** knowing how to apply knowledge; the ability to think and act utilizing knowledge, experience, understanding, common sense, and insight

**Guidance-** the act or function of guiding; leadership; direction; advice or counseling; supervised care or assistance

Lord, so many times I act without wisdom and it has caused me to experience some hardships that I would not have had to go through had I been led by your guide, Holy Spirit. I understand that as I act with your wisdom I AM acknowledging You, because I AM not leaning to my own understanding. I thank you Lord that as a result of this I can possess your Promise that You will direct my path

# Key Scriptures: Proverbs 9:10 and James 1:5

- "The fear of the Lord is the beginning of wisdom, and the knowledge of the Holy One is understanding. (Proverbs 9:10)
- If any of you lack wisdom, let him ask GOD, that giveth to all men liberally, and upbraideth not; and it shall be given him. (James 1:5)

### **Suggested Scripture Reading:**

• Proverbs 3:13-26, Proverbs 4:5-13, Proverbs 2:1-11 Proverbs 3:5-6, Proverbs 10:9-13, Kings 3:1-15, Ecclesiastes 2:26

Action: Pray James 1:5-8. Ask GOD for Wisdom. Meditate on areas in your life that you need GOD to give you wisdom.

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# DAY 10: GOD's PROMISE for My Life

**Life-** the span of a human existence that begins with birth and ends with death; Life is contingent upon the sustaining "breath of GOD" and it distinguishes the living from the dead

Today, Lord I thank you that the first Promise you gave me was eternal life. I thank you Lord that Your Word says that You will delight Yourself in the prosperity of Your servant. I thank You, Lord that I am prospering in everything that I do! I acknowledge that as I delight myself in you, then you will give me the desires of my heart. Lord I declare that I will take hold of the **PROMISES** that you have for **My Life**!

# Key Scriptures: Psalm 37:3-5 and John 10:10

- Trust in the LORD, and do good; Dwell in the land, and feed on His faithfulness. Delight yourself also in the LORD, And He shall give you the desires of your heart. Commit your way to the LORD. Trust also in Him, And He shall bring it to pass. (Psalm 37:3-5)
- The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have it more abundantly. (John 10:10)

# **Suggested Scripture Reading:**

• Psalm 84:11-12, Mathew 19:29, Romans 8:31

Action: Pray and ask GOD to remind you of the personal promises that He has made to you regarding your life.

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# DAY 11: GOD's PROMISE for My Health

**Health-** the general condition of the body or mind with reference to soundness and vigor: freedom from disease or ailment; vitality

**Prosper**- to be successful or fortunate; to thrive; to flourish

Lord, I know that you can restore what is broken and heal whatever is ailing me spiritually, mentally and physically! Heal me Lord and I shall be healed! Your wish for me above all things is that I prosper and be in good health even as my soul prospers. I thank you for the **PROMISE to be good Health and prosper even as my soul prospers**!

# Key Scriptures: Isaiah 53:4-5 and Exodus 15:25-26

- Surely He has borne our griefs, and carried our sorrows; Yet we esteemed Him stricken, smitten by GOD, and afflicted. But He was wounded for our transgressions, He was bruised for our iniquities; The chastisement for our peace was upon Him, and by His stripes we are healed. (Isaiah 53:4-5)
- There He made a statute and an ordinance for them, and there He tested them, and said, "If you diligently heed the voice of the Lord your GOD and do what is right in His sight, give ear to His commandments and keep all His statutes, I will put none of the diseases on you which I have brought on the Egyptians. For I am the Lord who heals you." (Exodus 15:25-26)

### **Suggested Scripture Reading:**

• 3<sup>rd</sup> John 1:2, Jeremiah 30:17, Psalm 103

Action: If you have not done so set appointments for yearly physicals for you and your family.





# DAY 12: GOD's PROMISE About My Finances

**Finances-** the management of revenues; the conduct or transaction of any circulating medium of exchange, including coins, paper money, and demand deposits; measure of wealth, or means of payment

Lord, I REPENT for the times that I have not brought you YOUR tithe! I acknowledge that Your WORD says in Proverbs 3:9-10 that if I honor You with my possessions and the first fruit of my increase then you will increase me with plenty. I thank YOU that as I do what you have commanded money will come to me easily! I AM a money magnet and prosperity is drawn to me! I move from poverty thinking to abundance thinking! I AM open and receptive to all the wealth life offers me! I thank you for the PROMISES concerning You have in Mv **FINANCES!** 

### Key Scriptures: Malachi 3:10-12

• Bring all the tithes into the storehouse, that there may be food in My house, and try Me now in this," Says the Lord of hosts, "If I will not open for you the windows of heaven and pour out for you such blessing That there will not be room enough to receive it. "And I will rebuke the devourer for your sakes, so that he will not destroy the fruit of your ground, nor shall the vine fail to bear fruit for you in the field," Says the Lord of hosts; "And all nations will call you blessed, for you will be a delightful land," (Malachi 3:10-12)

#### **Suggested Scripture Reading:**

Matthew 6:33-34, Luke 6:38, Philippians 4:19, Proverbs 3:8-10

Action: Create a budget for your family finances and include your tithe as the first thing that you list and pay.



Hard In Action

WIACC 2018 CORPORATE FAST

# DAY 13: SELF Reflect and Recapture Days 7-12

Today review Days 7-12 which focused on the following:

- STANDING on GOD's PROMISES
- GOD's PROMISE through Obedience
- GOD's PROMISE of Wisdom and Guidance
- GOD's PROMISE for My Life
- GOD's PROMISE for My Health
- GOD's PROMISE about My Finances

Read the scriptures that were listed for each day as well as journal or recapture the daily activities for days 7-12.





# DAY 14: GOD's PROMISE for Restoration

**Restoration-** the act of restoring; renewal, revival, or reestablishment; the return of something to a former, original, normal, or unimpaired condition; restitution of something taken away or lost

Lord, I thank you that Your grace is sufficient and that Your power is made perfect in weakness. Thank you for being a restorer and repairer of the breach. GOD thank you for making every crooked place straight in my life! I receive all that you have for me naturally and spiritually! Lord restore me to my rightful position and place in You! I receive Your Promise to Restore my soul!

### Key Scriptures: Psalms 23

• The Lord is my shepherd; I shall not want. He makes me to lie down in green pastures; He leads me beside the still waters. He restores my soul; He leads me in the paths of righteousness for His name's sake. Yea, though I walk through the valley of the shadow of death, I will fear no evil; For You are with me; Your rod and Your staff, they comfort me. You prepare a table before me in the presence of my enemies; You anoint my head with oil; My cup runs over. Surely goodness and mercy shall follow me. All the days of my life; and I will dwell in the house of the Lord Forever. (Psalms 23)

# Suggested Scripture Reading:

• 2 Corinthians 5:17, Psalm 138:8, Isaiah 61:3, Joel 2:25, Psalms 51:7-12, Ephesians 4:22-24





DAY 15: GOD's PROMISE to Overcome Temptation

**Temptation-** the act of tempting; enticement or allurement to do something often regarded as unwise, wrong, or immoral; the fact or state of being tempted, especially to evil

**Overcomer-** to get the better of in a struggle or conflict; conquer; defeat; to prevail over opposition or temptations

Lord, it is comforting to know that temptations are small in relation to Your power. I AM Christ centered. Therefore, any and all temptation has lost its power over me. I will never allow temptation to rob me of my future, my family and my faith. When I am tempted to sin, I will lift up the standard of GOD! I do not give in to temptation! I AM an Overcomer! I do not give in to temptation! I overcome temptation and receive **Your Promise to OVERCOME temptation!** 

# Key Scriptures: 1 Corinthians 10: 12-13 and James 4:7

- Therefore let him who thinks he stands take heed lest he fall. 13 No temptation has overtaken you except such as is common to man; but GOD is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will also make the way of escape, that you may be able to bear it. (1<sup>st</sup> Corinthians 10:12-13)
- Therefore, submit to GOD. Resist the devil and he will flee from you. Draw near to GOD and He will draw near to you. Cleanse your hands, you sinners; and purify your hearts, you double-minded. (James 4:7-8)

**Suggested Scripture Reading:** Revelations 3:21, Hebrews 4:15, Hebrews 2:18, 1 John 5:4-5, 1 John 4:4





# DAY 16: GOD's PROMISE for Breakthrough

**Breakthrough-** an act or instance of removing or surpassing an obstruction or restriction; the overcoming of a stalemate: any significant or sudden advance that removes a barrier to progress

For some breakthrough, healing and deliverance happens instantly while other times it may happen gradually. No matter what, continue to walk after the things of GOD; seeking to please Him and denouncing all that the world has to offer you. If you do this, then your breakthrough will shine forth like the new day! Remember that no matter what it looks like, feels like or seems, you continue to walk by faith!

#### Key Scriptures: Romans 8:1-10 and Matthew 16:19

There is therefore now no condemnation to those who are in Christ Jesus, who do not walk according to the flesh, but according to the Spirit. For the law of the Spirit of life in Christ Jesus has made me free from the law of sin and death. For what the law could not do in that it was weak through the flesh, GOD did by sending His own Son in the likeness of sinful flesh, on account of sin: He condemned sin in the flesh, that the righteous requirement of the law might be fulfilled in us who do not walk according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit, the things of the Spirit. For to be carnally minded is death, but to be spiritually minded is life and peace. Because the carnal mind is enmity against GOD; for it is not subject to the law of GOD, nor indeed can be. So then, those who are in the flesh cannot please

GOD. But you are not in the flesh but in the Spirit, if indeed the Spirit of GOD dwells in you. Now if anyone does not have the Spirit of Christ, he is not His. And if Christ is in you, the body is dead because of sin, but the Spirit is life because of righteousness. But if the Spirit of Him who raised Jesus from the dead dwells in you, He who raised Christ from the dead will also give life to your mortal bodies through His

Spirit who dwells in you. (Romans 8:1-10)

• And I will give you the keys of the kingdom of heaven, and whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven." (Mathew 16:19)

### **Suggested Scripture Reading:**

 1Corinthians 10:13, Romans 12:1-21, Isaiah 54:17, Jeremiah 32:17, 1 John 5:14

#### Action:

Write down the areas that you are seeking breakthrough in. Pray, believe and stand in faith that you have received your breakthrough. As it manifests or you notice that you have receive breakthrough come back to this page and check it off of the list.





# DAY 17: GOD's PROMISE for Deliverance and Protection

**Deliverance-** to take from one location to another; to carry and turn over to the intended recipient or recipients; set free from bondage; salvation or liberation

Protection- preservation from injury or harm

GOD has promised protection from harm and danger. His promise is to provide safety. He walks with us in times of trouble and adversity. His promise of deliverance extends to deliver us from fear because He will never leave or forsake us. He holds true to His promise so much so that He said that if we make our bed in hell He would be there!

# Key Scripture: Psalm 91

• He who dwells in the secret place of the Most High Shall abide under the shadow of the Almighty. I will say of the Lord, "He is my refuge and my fortress; My GOD, in Him I will trust." Surely He shall deliver you from the snare of the fowler and from the perilous pestilence. .He shall cover you with His feathers, and under His wings you shall take refuge; His truth shall be your shield and buckler. You shall not be afraid of the terror by night. Nor of the arrow that flies by day, nor of the pestilence that walks in darkness, nor of the destruction that lays waste at noonday. A thousand may fall at your side, and ten thousand at your right hand; But it shall not come near you. Only with your eyes shall you look, and see the reward of the wicked. Because you have made the Lord, who is my refuge, Even the Most High, your dwelling place, No evil shall befall you, Nor shall any plague come near your dwelling; For He shall give His angels charge over

you, to keep you in all your ways.12 In their hands they shall bear you up, lest you dash your foot against a stone. You shall tread upon the lion and the cobra, the young lion and the serpent you shall trample underfoot. "Because he has set his love upon Me, therefore I will deliver him; I will set him on high, because he has known My name. He shall call upon Me, and I will answer him; I will be with him in trouble; I will deliver him and honor him. With long life I will satisfy him, and show him My salvation.

# **Suggested Scripture Reading:**

 Luke 10:19, Proverbs 18:10, Psalms 138:17, Mathew 16:19, Isaiah 54:17, Isaiah 43:2, Psalm 121:7-8

#### Action:

Recount the times where GOD has delivered you and praise Him for what He has already done and for that which is He is going to do!

The Year of Promise

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# DAY 18: GOD's PROMISE in Breaking Strongholds and Habits

**Strongholds-** a well-fortified place; fortress

The only stronghold that we want in our lives is Jesus Christ.

Therefore, declare Psalm 18:2 over your life: Lord You are my rock, my fortress and my deliverer; Father GOD You are my rock, in whom I take refuge. You alone are my shield and the horn of my salvation. You are my stronghold! Father I denounce the world and all that it has. Your Son Jesus Christ overcame the world and because greater is HE that is in me then he that is in the world I can take hold of Your **PROMISE to give me power to destroy Spiritual Strongholds and Habits!** 

### Key Scriptures: 2<sup>nd</sup> Corinthians 10:3-6

• For though we walk in the flesh, we do not war according to the flesh. For the weapons of our warfare are not carnal but mighty in GOD for pulling down strongholds, casting down arguments and every high thing that exalts itself against the knowledge of GOD, bringing every thought into captivity to the obedience of Christ, and being ready to punish all disobedience when your obedience is fulfilled. (2nd Corinthians 10:3-6)

# **Suggested Scripture Reading:**

• Ephesians 6:10-20, Romans 16:20, 1Peter 5:8-9, Romans 12:2, James 1:22-25, 1 John 1:9, Philippians 4:8-9, Nahum 1:7





# **DAY 19: GOD's PROMISE for Victory**

**Victory-** a success or triumph over an enemy in battle or war: an engagement ending in such triumph; the ultimate and decisive superiority in any battle or contest: success or superior position achieved against any opponent, opposition, or difficulty,

With each challenge I face I grow and learn from it and as a result I become a stronger person. My strength does not come from challenges, trials and tribulations. It comes from how I handle it! I AM more than a conqueror through Christ Jesus who strengthens me! Therefore, I walk in authority, power and **the Promises that GOD has given me! I am Victorious!** 

## Key Scriptures: 2 Corinthians 2:14, Philippians 4:13 and 1 John 5:4-5

- But thanks be to GOD, who always leads us in triumph in Christ, and manifests through us the sweet aroma of the knowledge of Him in every place. (2 Corinthians 2:14)
- I can do all things through Him who strengthens me. (Philippians 4:13)
- For whatever is born of GOD overcomes the world. And this is the victory that has overcome the world our faith. Who is he who overcomes the world, but he who believes that Jesus is the Son of GOD? (1 John 5:4-5)

# **Suggested Scripture Reading:**

• Isaiah 40:31, Isaiah 43:1-6, Proverbs 18:10, Joshua 1:9, 2 Chronicles 20, Exodus 14:13-14

The Year of Promise

Word In Action

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# DAY 20: SELF Reflect and Recapture Days 14-19

Today review Days 14-19 which focused on the following:

- GOD's PROMISE for Restoration
- GOD's PROMISE to Overcome Temptation
- GOD's PROMISE for Breakthrough
- GOD's PROMISE for Deliverance and Protection
- GOD's PROMISE in Breaking Strongholds and Habits
- GOD's PROMISE for Victory

Read the scriptures that were listed for each day as well as journal or recapture the daily activities for days 14-19.





DAY 21: PROMISE in Praise and Thanksgiving

Praise and Thanksgiving go hand in hand. They are used as weapons of warfare. The enemy can't stand your praise. Consider the promises GOD has fulfilled in the past and the promises that He will fulfill in the future. Make up in your mind that you will praise GOD and thank Him in everything you do and for everything that He has done. Remember that GOD inhabits the praises of His people.

# Key Scriptures: 2 Chronicles 5: 11-14

And it came to pass when the priests came out of the Most Holy Place (for all the priests who were present had sanctified themselves, without keeping to their divisions), and the Levites who were the singers, all those of Asaph and Heman and Jeduthun, with their sons and their brethren, stood at the east end of the altar, clothed in white linen, having cymbals, stringed instruments and harps, and with them one hundred and twenty priests sounding with trumpets—indeed it came to pass, when the trumpeters and singers were as one, to make one sound to be heard in praising and thanking the Lord, and when they lifted up their voice with the trumpets and cymbals and instruments of music, and praised the Lord, saying: "For He is good, For His mercy endures forever, "that the house, the house of the Lord, was filled with a cloud, so that the priests could not continue ministering because of the cloud; for the glory of the Lord filled the house of GOD. (2 Chronicles 5:11-14)

# Suggested Scripture Reading:

• 2 Chronicles 6:1-15, Psalms 34:1-4, Joshua 6



The Year of Promise



2018 PROMISE Foundation Points

- Repentance
- Forgiveness
- Love
- Compassion for Lost Souls
- Thirst and Hunger for the Word
- Wisdom and Guidance
- Stewardship & Servitude



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