

The Year of The Open Door

WIACC 2024 CORPORATE FAST



DAY 14 | HEALTH & HEALING

Monday, January 22nd

Health - the state of being free from illness or injury; a person's mental or physical condition.

Healing – the process of becoming healthy again, whether physically, mentally, emotionally or spiritually. It involves the restoration of balance and well-being, often in response to an injury, illness, or emotional distress. Healing can occur on various levels, including the physical healing of the body, the psychological healing of the mind, and the emotional healing of the spirit. It may involve spiritual or medical interventions, therapeutic treatments, self-care practices, or a combination of these approaches. The goal of healing is to promote recovery, resilience, and a return to a state of overall health and vitality.

Confession: Jesus was wounded for my transgressions and bruised for my iniquities. And by Jesus stripes I am healed. Jesus carried my sickness and infirmities (Matthew 8:17). I cast out all spirits of infirmity that would attack my body in the name of Jesus. I speak healing and strength to my bones, muscles, joints, organs, head, eyes, throat, glands, blood, marrow, lungs, kidneys, liver, spleen, spine, pancreas, bladder, ears, nose, sinuses, mouth, tongue, and feet in the name of Jesus. I speak healing to my mind, I cast down vain imaginations and fear in Jesus Name. Forgive me Lord, for allowing any fear, guilt, self-rejection, self-hatred, unforgiveness, bitterness, sin, pride, or rebellion to open the door to any sickness or infirmity. I renounce these things in the name of Jesus.

Lord, I know that You can do all things! I know that you are a miracle worker and can restore what is broken and heal whatever is ailing me spiritually, mentally and physically! Father heal me and I will be healed. Your Word says, you wish above all things that I prosper and be in good health even as my soul prospers. I receive the prosperity and good health you have so freely given me. In Jesus name. Amen.

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Key Scriptures: *Isaiah 53:5, Matthew 8:17, Psalm 103: 2-5, James 5:14-15, Jeremiah 17:14, Exodus 23:25, 3 John 1:2, Jeremiah 33:6, Proverbs 4:20-22, Proverbs 3:7-8*

Healing

Isaiah 53:5 But He was wounded for our transgressions, *He* was bruised for our iniquities; The chastisement for our peace was upon Him, And by His stripes we are healed.

Matthew 8:17 that it might be fulfilled which was spoken by Isaiah the prophet, saying: “He Himself took our infirmities and bore *our* sicknesses.”

Psalm 103:2-5 Bless the LORD, O my soul, and forget not all His benefits: 3 Who forgives all your iniquities, Who heals all your diseases, 4 Who redeems your life from destruction, Who crowns you with lovingkindness and tender mercies, 5 Who satisfies your mouth with good *things*, So *that* your youth is renewed like the eagle’s.

James 5:14-15 Are any of you sick? You should call for the elders of the church to come and pray over you, anointing you with oil in the name of the Lord. ¹⁵ Such a prayer offered in faith will heal the sick, and the Lord will make you well. And if you have committed any sins, you will be forgiven.

Jeremiah 17:14 O Lord, if you heal me, I will be truly healed; if you save me, I will be truly saved. My praises are for you alone!

Health

Exodus 23:25 “You must serve only the Lord your God. If you do, I will bless you with food and water, and I will protect you from illness.

3 John 1:2 Dear friend, I hope all is well with you and that you are as healthy in body as you are strong in spirit.

Jeremiah 33:6 “Nevertheless, the time will come when I will heal Jerusalem’s wounds and give it prosperity and true peace.”

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Proverbs 4:20-22 My child, pay attention to what I say. Listen carefully to my words.²¹ Don't lose sight of them. Let them penetrate deep into your heart, ²²for they bring life to those who find them, and healing to their whole body.

Proverbs 3:7-8 Don't be impressed with your own wisdom. Instead, fear the Lord and turn away from evil. ⁸Then you will have healing for your body and strength for your bones.

Suggested Scripture Reading: **2 Chronicles 7:14, 1 Peter 2:24**

2 Chronicles 7:14 Then if my people who are called by my name will humble themselves and pray and seek my face and turn from their wicked ways, I will hear from heaven and will forgive their sins and restore their land.

1 Peter 2:24 He personally carried our sins in his body on the cross so that we can be dead to sin and live for what is right. By his wounds you are healed.