

### DAY 8 | HUNGER FOR THE WORD

Tuesday, January 16<sup>th</sup>

What is spiritual hunger? It is a strong desire for God's presence and power. Hungering for God's Word is a spiritual longing, a deep desire to connect with divine guidance and wisdom through His Word. It reflects a yearning for the teachings, principles, and narratives found in the scriptures. Jesus said in Matthew 4:4, "It is written, Man shall not live by bread alone, but by every word that proceeds out of the mouth of GOD". We must feed on GOD's word daily so we can grow and develop into mature Christians. As natural food provides and supplies nutrients for us to grow physically, so ideally an intake of GOD's Word causes us to grow spiritually.

#### Action:

Make a daily commitment and set aside a time that you will feed on GOD's Word. Commit to this time daily even after the fast is over.

**Key Scriptures:** [Matthew 4:4](#), [1 Peter 2:1-3](#), [Joshua 1:7-8](#), [Psalms 119:9-11](#), [Psalms 119:105](#), [John 1:1-3](#)

#### *Hunger for Word*

**Matthew 4:4** But Jesus told him, "No! The Scriptures say, 'People do not live by bread alone, but by every word that comes from the mouth of God.'"

**1 Peter 2:1-3** Therefore, laying aside all malice, all deceit, hypocrisy, envy, and all evil speaking, <sup>2</sup>as newborn babes, desire the pure milk of the word, that you may grow thereby, <sup>3</sup>if indeed you have tasted that the Lord *is* gracious.

**Joshua 1:7-8** <sup>7</sup>Only be strong and very courageous, that you may observe to do according to all the law which Moses My servant commanded you; do not turn from it to the right hand or to the left, that you may prosper wherever you go. <sup>8</sup>This Book of the Law shall not depart from your mouth, but you shall meditate in it day and night, that you may observe to do according to all that

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is written in it. For then you will make your way prosperous, and then you will have good success.

**Psalms 119:9-11** How can a young man cleanse his way? By taking heed according to Your word. <sup>10</sup> With my whole heart I have sought You; Oh, let me not wander from Your commandments!<sup>11</sup> Your word I have hidden in my heart, That I might not sin against You.

**Psalms 119:105** Your word *is* a lamp to my feet And a light to my path.

**John 1:1-3** In the beginning was the Word, and the Word was with GOD, and the Word was GOD. <sup>2</sup>He was in the beginning with GOD. <sup>3</sup>All things were made through Him, and without Him nothing was made that was made.

**Suggested Scripture Reading:** *Psalms 107:9, Luke 1:53, Matthew 5:6*

**Psalms 107:9** For he satisfies the thirsty and fills the hungry with good things.

**Luke 1:53** He has filled the hungry with good things and sent the rich away with empty hands.

**Matthew 5:6** Blessed *are* those who hunger and thirst for righteousness, For they shall be filled.