



2024

THE YEAR OF THE OPEN DOOR CORPORATE FAST



The Year of The Open Door

WIACC 2024 CORPORATE FAST



FAST DIRECTIONS

The fast will begin Monday night/ Tuesday Morning at 12am, Tuesday, January 9th. *Apostle Langston will announce when the fast will end.*

Fasting in January is like praying in the morning when you wake up. It establishes GOD's will for your life for the entire day. When you put your body under submission to fast, you become more sensitive to the things of GOD. When you eliminate food from your diet for a number of days, your spirit becomes uncluttered by the things of this world. When you fast it brings you into a more intimate and powerful relationship with the LORD.

Why Do We Fast?

To Receive Deliverance & Healing (2 Chronicles 7:14)

If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land.

It Gives Us Power: (Mark 9:26-29)

The spirit shrieked, convulsed him violently and came out. The boy looked so much like a corpse that many said, "He's dead." But Jesus took him by the hand and lifted him to his feet, and he stood up. After Jesus had gone indoors, his disciples asked him privately, "Why couldn't we drive it out?" He replied, "This kind can come out only by prayer and fasting."

Our Attitude Towards Fasting (Mathew 6:16-18)

When you fast, do not look somber as the hypocrites do, for they disfigure their faces to show others they are fasting. Truly I tell you, they have received their reward in full. But when you fast, put oil on your head and wash your face, so that it will not be obvious to others that you are fasting, but only to your Father, who is unseen; and your Father, who sees what is done in secret, will reward you.

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The Fast Is For the Body, Soul and Spirit

The Bible teaches us that we are a spirit, we have a soul and we live in a body. As we enter into a period of time for focused prayer and fasting it will affect all three parts; your body, soul and spirit.

The Body - As you change your diet you may experience headaches, leg cramps, and/or fatigue. These symptoms are a result of detoxing from caffeine, chemicals and sugar. They usually subside after the third day.

The Soul - Frequently referred to as "the flesh" in the Bible, the soul is also greatly impacted during Fasting. The soul is the seat of our emotions, intellect, personality and will. It is in the "soulish realm" where we experience cravings, frustration, anger and happiness. When you Fast, your soul may very well rebel against the dramatic change in your diet. Experiencing and winning this battle over the flesh is often one of the most powerful lessons when Fasting!

The Spirit - Our spirit is that born-again part of us that surrenders to GOD. Our spirit is filled with the Holy Spirit when we yield to Him. During this Fast, we want to put our spirit in charge and in control of our body and soul.

Fast Friendly Reminders

Remember, a fast without prayer and meditation is just simply a diet. Fasting is always coupled with a spiritual goal. So during this time of fasting, focus on prayer, study and meditate on the Word of GOD.

Apostle Clarence & Pastor Robyn Langston along with Word In Action Christian Center International advise all who participate in this consecration/fast to consider your personal health needs and consult with your physician prior to beginning this fast.

Remember that during this time we are dedicating the first of the month to honor GOD with prayer, supplication, thanksgiving and our first fruits.

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GUIDELINES:

1. The Fast will begin Monday night/ Tuesday morning at 12am, January 9th with a corporate prayer at our Transformation Tuesday Service.
2. During these weeks, we will fast Monday – Friday. Each week, the fast will end at 7pm on Fridays and resume on Sunday nights at 10pm.
3. Corporate Prayer will be held either online or in person on campus. This will be announced weekly.
4. It will be difficult for you to consecrate if you feed yourself on television and movies. During the fast please refrain from television, secular radio shows, social media and entertainment. Feed yourself spiritually by listening only to worship and teaching CD's.
5. No casual conversation at work or on the telephone. Only work related conversations will be permitted.
6. No social media i.e. Facebook, Twitter, Instagram, YouTube, or Snap Chat.
7. During this time FOCUS on studying the Word and related Christian books and materials. Pray 3 times a day on the daily prayer target; suggested times are 9:00 am, noon & 3:00pm. If you are unable to pray at these times, replace it with a prayer time that is feasible for your schedule.
8. Married people are to abstain from sexual relations only after receiving the consent of their partner (Be sure to seek the consent of your spouse if your spouse is not a Word In Action Disciple and is not participating in the consecration).

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EATING GUIDELINES:

We will be following the Daniel Fast Eating Guidelines for the first week. You will be allowed to eat unlimited fruits, vegetables, beans, legumes, and nuts throughout the day. However, please limit your beverages to water and V8 juice only. Throughout the fast please do NOT consume any sugar, sweeteners, diet pop, alcohol, wine, sweets or caffeine.

Again, as you plan your meal and eat your food, keep in mind that the definition of a fast is to deny food for a spiritual purpose and not as a means to lose weight.

PLEASE NOTE:

Fasting and your health: If you have concerns about your physical ability to fast, please consult a physician before beginning this fast. There are different types of fasts. Your doctor can provide advice on how you can participate on the fast in a way that is healthy for you.

This is a corporate fast. Therefore, to ensure that we are on one accord a guide has been provided. The guide includes daily activities, prayer targets, key scriptures, definitions, and declarations. Please read the daily declarations out loud.

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2024 Year of The Open Door Prayer Target Points

When you pray let's agree and thank GOD for our hearts and minds being open to receive all He has for us in 2024 the ***Year of the Open Door***.

1. For the First Family's, ourselves and our families divine protection, health, vision, strength, grace, wisdom, prosperity and resources both spiritually and naturally in our endeavor to advance the Kingdom of GOD as well as in our business and personal lives.
2. That families will be healed, whole and healthy.
3. For the unity, growth, and the advancement of Word In Action Christian Center International by impacting Miracle City and the nation with the Word of GOD and the Love of Christ.
4. For supernatural abundance, financial increase and provision, for our individual lives, families and our business endeavors. For all divine opportunities to come forth.
5. That souls will be saved, delivered and set free from limitations, spiritual and mental bondages by the power of GOD through Word In Action Christian Center International.
6. For the deepening of our faith, clarity of thought, and that we walk in the wisdom of God in every circumstance and situation.

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DAY 1 | REPENTANCE

Tuesday, January 9th

Repentance- a change of mind; turning from one way of thinking and behavior to GOD's way. Today we are repenting for the actions in our lives that hinder our walk with GOD.

As I Repent, I turn away from every sin that closed doors that GOD desired to be open in my life. I overcome everything that has seemed to hinder me from walking in the fullness of what GOD has for me. I repent for the sins that I have committed knowingly and unknowingly. As I repent with a true heart of repentance, I AM free from condemnation. Lord, I am open to receive the knowledge and freedom that true repentance brings. Thank you for Giving Me a Heart of Repentance.

Key Scriptures: [2 Chronicles 7:14](#), [2 Peter 3:9](#), [Acts 3:19](#)

2 Chronicles 7:14 If My people who are called by My name will humble themselves, and pray and seek My face, and turn from their wicked ways, then I will hear from heaven, and will forgive their sin and heal their land.

2 Peter 3:9 The Lord is not slack concerning His Promises, as some count slackness, but is longsuffering toward us, not willing that any should perish but that all should come to repentance.

Acts 3:19 Repent therefore and be converted, that your sins may be blotted out, so that times of refreshing may come from the presence of the Lord.

Suggested Scripture Reading: [1 John 1:8-9](#), [Proverbs 28:13](#), [Isaiah 43:25](#), [Isaiah 55:7](#), [Psalm 32:5-7](#)

Pray 3 times a day on the daily prayer target; suggested times are 9:00 am, noon & 3:00pm. If you are unable to pray at these times, replace it with a prayer time that is feasible for your schedule.