

## **DAY 5 | Hunger for the Word**

Friday, January 10<sup>th</sup>

Today, we focus on developing a hunger for God's Word. As we seek to grow in our faith, we recognize that the Bible is our guide, our source of strength, and the key to deeper intimacy with God. Today, let's pray for a renewed passion to dive into Scripture and allow it to transform our hearts and minds.

Jesus said in Matthew 4:4, "It is written, Man shall not live by bread alone, but by every word that proceeds out of the mouth of GOD". We must feed on GOD's word daily so we can grow and develop into mature Christians. As natural food provides and supplies nutrients for us to grow physically, so ideally an intake of GOD's Word causes us to grow spiritually.

### **Action:**

Make a daily commitment and set aside a time that you will feed on GOD's Word. Commit to this time daily even after the fast is over.

### **Why is it important to hunger for God's Word?**

Hunger for God's Word is crucial because, as Matthew 4:4 states, we are not sustained by physical bread alone but by every word that proceeds from God's mouth. Spiritual nourishment from the Word helps us grow and mature as Christians, equipping us for life and godliness (1 Peter 2:1-3).

### **What are the benefits of meditating on God's Word day and night?**

Meditating on God's Word, as outlined in Joshua 1:7-8, leads to prosperity and good success. It aligns our lives with God's will, provides direction, and strengthens our spiritual walk, making us effective in fulfilling His purpose.

### **How can hiding God's Word in our hearts protect us from sin?**

Psalm 119:11 teaches that when we store God's Word in our hearts, it prevents us from sinning against Him. The Word acts as a guide and a guard, directing our thoughts, decisions, and actions in alignment with God's truth.

## How does God's Word illuminate our lives?

Psalm 119:105 describes God's Word as a lamp to our feet and a light to our path. It provides clarity in dark situations, helping us make wise decisions, avoid pitfalls, and walk in His truth.

### Points of Reflection

1. Am I committed to feeding on God's Word daily, and how can I structure my day to prioritize this?
2. What specific scriptures or promises from God's Word do I need to meditate on to strengthen my faith and align my life with His will?
3. How can I hide more of God's Word in my heart to protect me from temptation and to guide me in my daily walk with Him?

**Key Scriptures:** *1 Peter 2:1-3, Joshua 1:7-8, Matthew 5:6, Psalm 42:1, Jeremiah 15:16, Amos 8:11*

**1 Peter 2:1-3** Therefore, laying aside all malice, all deceit, hypocrisy, envy, and all evil speaking, <sup>2</sup>as newborn babes, desire the pure milk of the word, that you may grow thereby, <sup>3</sup>if indeed you have tasted that the Lord *is* gracious.

**Joshua 1:7-8** <sup>7</sup>Only be strong and very courageous, that you may observe to do according to all the law which Moses My servant commanded you; do not turn from it to the right hand or to the left, that you may prosper wherever you go. <sup>8</sup>This Book of the Law shall not depart from your mouth, but you shall meditate in it day and night, that you may observe to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success.

**Matthew 5:6** Blessed *are* those who hunger and thirst for righteousness, For they shall be filled.

**Psalm 42:1** As the deer pants for the water brooks, So pants my soul for You, O God.

**Jeremiah 15:16** Your words were found, and I ate them, And Your word was to me the joy and rejoicing of my heart; For I am called by Your name, O Lord God of hosts.

**Amos 8:11** “Behold, the days are coming,” says the Lord God, “That I will send a famine on the land, Not a famine of bread, Nor a thirst for water, But of hearing the words of the Lord.

**Suggested Scripture Reading:** *Psalms 119:9-11, Psalms 119:105, John 1: 1-3*

**Psalms 119:9-11** How can a young man cleanse his way? By taking heed according to Your word. <sup>10</sup> With my whole heart I have sought You; Oh, let me not wander from Your commandments!<sup>11</sup> Your word I have hidden in my heart, That I might not sin against You.

**Psalms 119: 105** Your word *is* a lamp to my feet and a light to my path.

**John 1: 1-3** In the beginning was the Word, and the Word was with GOD, and the Word was GOD. <sup>2</sup>He was in the beginning with GOD. <sup>3</sup>All things were made through Him, and without Him nothing was made that was made.

**Luke 4:4** But Jesus answered him, saying, “It is written, ‘Man shall not live by bread alone, but by every word of God.’ ”

### **Why do we fast?**

Fasting is a spiritual discipline that helps us focus on God, break spiritual strongholds, and receive clarity, strength, and renewal.

**Isaiah 58:6** “/s this not the fast that I have chosen: To loose the bonds of wickedness, To undo the heavy burdens, To let the oppressed go free, And that you break every yoke?

### **The power of prayer**

Prayer connects us with God to bring about transformation and align our will with His.

**James 5:16** The effective, fervent prayer of a righteous man avails much.

**DAY 6: Saturday, January 11<sup>th</sup> Recap Days 1-5**

**DAY 7: Sunday, January 12<sup>th</sup> Recap Days 1-5**