

# WIACC Fast

**Starts**      **Ends**  
**12AM**      **5PM**  
**Daily**

**Our fast begins tonight at midnight!**

**This is a time of consecration, prayer and focus.  
Let's press in and seek God like never before.**

**We will be drinking water only until 5PM daily**

- No Food**
- No Television**
- No Social Media**
- No Distractions**

## **Key Scriptures**

**Amos 3:3 | Habakkuk 2:3 | Isaiah 48:17**  
**Psalms 37:23 | Mark 4:28 | Hebrews 12:27**  
**James 2:18 | Matthew 6:33**

The  
Year of  
**DIVINE**  
*Alignment*  
2026



# Point of Reflection

The  
Year of  
Divine  
Alignment  
2026

1. What areas in my life do I need to surrender fully to God?

(Reflection: Identify specific habits, behaviors, or mindsets that hinder your relationship with God and commit to turning from them.)

2. How can I ensure that my repentance is not just words but is accompanied by tangible actions that align with God's will?

(Reflection: Evaluate whether your repentance leads to lasting change and seek ways to demonstrate your commitment to God daily.)

3. What does true repentance mean for my identity in Christ, and how does it free me from guilt and condemnation to walk in God's fullness?

(Reflection: Meditate on the transformative power of repentance and how it restores your relationship with God, freeing you to live abundantly in His grace.)

Get Daily Fast Instructions At [www.wiacc.com](http://www.wiacc.com)

## Eating Instructions

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**WEDNESDAY, JAN 21ST**

# Fast

## Day 1 - REPENTANCE & REALIGNMENT

A change of mind; turning from one way of thinking and behavior to GOD's way. Today we are repenting for the actions in our lives that hinder our walk with GOD.

2 Chronicles 7:14 | 2 Peter 3:9 | Acts 3:19



# Point of Reflection

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1. Is there anyone I need to forgive today to fully align with God's will for my life?

2. Have I truly forgiven myself for mistakes that God has already forgiven?

3. Do I reflect God's mercy and grace in how I forgive others, even when it's difficult?

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**THURSDAY, JAN 22ND**

**Day 2 - FORGIVENESS TOWARDS SELF & OTHERS**

Grant pardon for or remission of an offense, debt, etc.

Today is a heart and self-check day! We are asking GOD for forgiveness for the actions in our lives that have displeased Him as well as for the things that we have done to others

PSALMS 32:5 | MATTHEW 6:14-15 | EPHESIANS 4:32 | COLOSSIANS 3:13

1 JOHN 1:9



# Point of Reflection

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1. Do I love God wholeheartedly, with all my heart, soul, mind, and strength, or are there areas I need to surrender to Him?

2. Am I treating myself with the same grace and love that God has extended to me?

3. Does my love for others reflect God's unconditional love, even toward those who are difficult to love?

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**FRIDAY, JAN 23RD**

**Day 3 - LOVE FOR GOD, SELF & OTHERS**

A deep, tender, indescribable feeling of affection and solicitude toward a person, such as that arising from kinship, recognition of attractive qualities, or sense of underlying oneness: a person's adoration of GOD

MARK 12:30-31 | 1 JOHN 4:19-20 | MATTHEW 22:37-38 | PSALM 139:14



# RECAP QUESTIONS

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1. What has God been revealing about my heart during this fast so far?
2. In what ways has my heart become more aligned with God's will, timing, and order?
3. What areas of my life still feel out of alignment, and what is God inviting me to surrender?
4. How has fasting helped recognize what truly matters to God versus what matters to me?
5. What internal shifts (attitude, perspective, desire) have I noticed since the fast began?

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# Fast

**SATURDAY, JAN 24TH**

**Day 4 - RECAP DAYS 1-3**

**Today, take time to reflect back on days 1 through 5.**

MATTHEW 28:19 | PROVERBS 11:30 | MATTHEW 9:37-38 | LUKE 15:10  
ROMANS 10:14-15 | MARK 12:30-31 | 1 JOHN 4:19-20 | MATTHEW 22:37-38 |  
PSALM 139:14 | PSALMS 32:5 | MATTHEW 6:14-15 | EPHESIANS 4:32 |  
COLOSSIANS 3:13 | 1 JOHN 1:9 | 2 Chronicles 7:14 | 2 Peter 3:9 | Acts 3:19



# RECAP QUESTIONS

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1. What instructions or nudges from the Holy Spirit have I received, and how have I responded?
2. Where is God calling me to deeper obedience, not just agreement?
3. Have I delayed or resisted any area where God is asking for alignment? Why?
4. What practical steps can I take to remain obedient after the fast ends?
5. How is obedience positioning me for manifestation in 2026?

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# Fast

**SUNDAY, JAN 25TH**

## Day 5 - RECAP DAYS 1-3

Today, take time to reflect back on days 1 through 5.

MATTHEW 28:19 | PROVERBS 11:30 | MATTHEW 9:37-38 | LUKE 15:10  
ROMANS 10:14-15 | MARK 12:30-31 | 1 JOHN 4:19-20 | MATTHEW 22:37-38 |  
PSALM 139:14 | PSALMS 32:5 | MATTHEW 6:14-15 | EPHESIANS 4:32 |  
COLOSSIANS 3:13 | 1 JOHN 1:9 | 2 Chronicles 7:14 | 2 Peter 3:9 | Acts 3:19



# Point of Reflection

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1. Do I have a genuine concern for the spiritual state of others, and how can I cultivate more compassion for souls?
2. Am I actively sharing the gospel with those around me, or am I letting fear or distractions hinder me from evangelizing?
3. What steps can I take to align my heart with God's mission to win souls and bring others into His Kingdom?

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# Fast

**MONDAY, JAN 26TH**

**Day 6 - COMPASSION FOR SOULS & A HEART  
TO EVANGELIZE**

Today, let's pray for a deeper burden to reach those who are lost and for the courage to be bold witnesses of His grace.

MATTHEW 28:19 | PROVERBS 11:30 | MATTHEW 9:37-38 | LUKE 15:10

ROMANS 10:14-15



# Point of Reflection

The  
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1. Am I committed to feeding on God's Word daily, and how can I structure my day to prioritize this?

2. What specific scriptures or promises from God's Word do I need to meditate on to strengthen my faith and align my life with His will?

3. How can I hide more of God's Word in my heart to protect me from temptation and to guide me in my daily walk with Him?

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**TUESDAY, JAN 27TH**

# Fast

## Day 7 - HUNGER FOR THE WORD

Today, let's pray for a renewed passion to dive into scripture and allow it to transform our hearts and minds.

1 PETER 2:1-3 | JOSHUA 1:7-8 | MATTHEW 5:6 | PSALM 42:1  
JEREMIAH 15:16 | AMOS 8:11



# Point of Reflection

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1. Are there any strongholds or patterns in your life that you need to surrender to God today?

2. How can you use prayer and fasting to deepen your faith and dependence on God for deliverance?

3. What steps can you take this week to ensure you remain free and aligned with God's will?

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# Fast

**WEDNESDAY, JAN 28TH**

**Day 8 - DIVINE DELIVERANCE**

Today, we focus on divine deliverance. God is our ultimate source of freedom and victory, and today we pray for His power to break every chain and bring deliverance from anything that holds us captive. Let's trust in His ability to set us free and walk in the full freedom He has promised.

GALATIANS 5:1 | PSALM 107: 6 | MATTHEW 17:19-21 | PASLM 34:4

2 CORINTHIANS 10: 4-5 | JOHN 8:36



# Point of Reflection

The  
Year of  
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1. What am I treasuring in my heart, and does it align with God's desires for me?

2. Are there areas in my life where I need to surrender control and allow God to renew my heart and mind?

3. How can I practically guard my heart and mind in daily life?

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# Fast

**THURSDAY, JAN 29TH**

**Day 9 - AWAKEN MY HEART & MIND TOWARDS GOD**

Today, we reflect on God as our first love, allowing Him to renew us and redirect our focus toward Him. Let this be a day of surrender, restoration, and realignment with His will.

Proverbs 9:10-11 | James 1:2-8 | Jeremiah 29:11 | Proverbs 3:11-26

Proverbs 4:5-23 | Proverbs 2:1-11



# Point of Reflection

The  
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1. In what areas of my life do I need to trust God more for protection?

2. How can I remain under God's covering and strengthen my obedience to Him?

3. What are some ways I can pray for the protection and safety of others in my life?

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# Fast

**FRIDAY, JAN 30TH**

**Day 10 - PROTECTION & SAFETY**

We know that God is our refuge and stronghold, and today we pray for His divine protection over our lives, our families, and our loved ones. Let's trust in His faithfulness to keep us safe from harm and shield us from every danger.

Proverbs 9:10-11 | James 1:2-8 | Jeremiah 29:11 | Proverbs 3:11-26

Proverbs 4:5-23 | Proverbs 2:1-11



# RECAP QUESTIONS

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1. What has changed in how I think, pray, or respond to situations since Day 1?
2. What old patterns, habits, or mindsets has God exposed during this fast?
3. What new disciplines or spiritual desires are being formed in me?
4. How has my spiritual sensitivity increased during this time?
5. What fruit of the Spirit is becoming more evident in my life?

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# Fast

**SATURDAY, JAN 31ST**

**Day 12 - RECAP DAYS 6-10**

Today, take time to reflect back on days 1 through 5.

1 PETER 2:1-3 | JOSHUA 1:7-8 | MATTHEW 5:6 | PSALM 42:1 | JEREMIAH 15:16 | AMOS 8:11  
GALATIANS 5:1 | PSALM 107: 6 | MATTHEW 17:19-21 | PSALM 34:4 | 2 CORINTHIANS 10:  
4-5 | JOHN 8:36 | Proverbs 9:10-11 | James 1:2-8 | Jeremiah 29:11 | Proverbs 3:11-26  
Proverbs 4:5-23 | Proverbs 2:1-11 | Proverbs 9:10-11 | James 1:2-8 | Jeremiah 29:11 |  
Proverbs 3:11-26 | Proverbs 4:5-23 | Proverbs 2:1-11



# RECAP QUESTIONS

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1. How has my prayer life been strengthened or stretched during this fast?
2. What spiritual disciplines do I need to maintain beyond the fast to stay aligned?
3. What promises from God feel closer to manifestation after this time of fasting?
4. How has God clarified my vision, direction, or next steps for 2026?
5. How will I steward what God is doing in me beyond the fast?

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# Fast

**SUNDAY, FEB 1ST**

**Day 13 - RECAP DAYS 6-10**

Today, take time to reflect back on days 1 through 5.

1 PETER 2:1-3 | JOSHUA 1:7-8 | MATTHEW 5:6 | PSALM 42:1 | JEREMIAH 15:16 | AMOS 8:11  
GALATIANS 5:1 | PSALM 107: 6 | MATTHEW 17:19-21 | PSALM 34:4 | 2 CORINTHIANS 10:  
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